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THE PEACEFUL PLEDGE

SANDY HOOK PROMISE · MONTHLY NEWSLETTER

KNOW THE WARNING SIGNS OF GUN VIOLENCE

BY MARK BARDEN

People who hurt themselves or others often show warning signs before they carry out an act of violence. If you don't know what to look for, it can be easy to miss the signs, or dismiss them as unimportant. Significantly, missing the signs can have tragic consequences. Notably, in 4 out of 5 school shootings, at least one other person had knowledge of the attacker's plan but failed to report it.

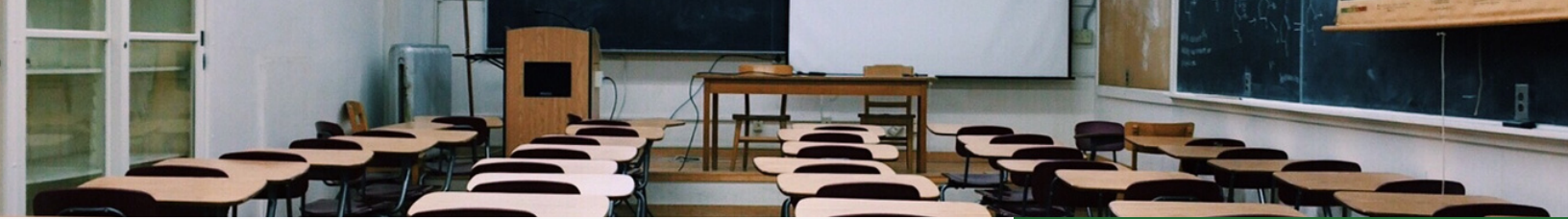
Now more than ever, it's essential to know the signs. Students and educators who participate in our Say Something program learn these life-saving warning signs. They're taught to recognize signs and get help when their classmates show they may be in danger or need help. Warning signs can include things such as thoughts, feelings, actions, and behaviors. At-risk people can show significant or sudden changes in behavior or personality.

LEARN MORE AT: <https://www.sandyhookpromise.org>

Critical Warning Signs of Violence

1. Suddenly withdrawing from friends, family and activities (including online or via social media)
2. Bullying, especially if targeted towards differences in race, religion, gender or sexual orientation
3. Excessive irritability, lack of patience, or becoming angry quickly
4. Experiencing chronic loneliness or social isolation
5. Expressing persistent thoughts of harming themselves or someone else

* NOTE: This isn't a complete list of all warning signs. Exhibiting one of these signs doesn't necessarily indicate imminent violence. When concerned about troubling behaviors, tell a trusted adult or call 911 if there is an immediate threat.



We're Committed To Policies That Protect Children From Gun Violence

Sandy Hook Promise Action Fund Works To Pass Legislation That Advances School Safety And Mental Health And Prevents Gun Violence. Take Action Now To Protect America's Children.

Legislation can save lives and prevent gun violence, and we need your help to get these bills passed into law. When lawmakers hear directly from their constituents, it matters. It's up to us to speak out to protect all of our children. With the support of grassroots activists, we championed our nation's first comprehensive school safety law to provide critical resources for students to learn about violence prevention. Join us in creating more change!

We celebrate the Bipartisan passage of background checks legislation in the House and calls for immediate Senate action. Firearms should be stored safely and away from ammunition. Safe storage prevents children and other prohibited persons from accessing a firearm.

Assault-style rifles are increasingly being used to target communities of color in violent acts of hate and racism. High-capacity magazines allow shooters to discharge weapons rapidly and repeatedly without reloading.

"We were proud to work with the bipartisan champions of this legislation to ensure millions more students will be trained to know the signs of violence and act to save lives. Our work does not end here, we will continue to bring our prevention programs to schools and communities across the country at no cost and advocate for life-saving policies."

- Mark Barden

Sandy Hook Promise Co-Founder



More than 500 people die every day because of violence committed with firearms.

